

Lesson 6
READ THIS STORY #1, Basic

Nail Biting

Nancy was hiding her hands. At her age, she was ashamed that she still bit her nails.

She usually bit her nails when she was scared or tense. Nancy had tried to resolve her problem. She put a strong tasting liquid on her nails. It didn't do the job. She applied red polish. She tried filing her nails until there was nothing left to chew on. She even tried taping them with adhesive tape.

Nancy was coming to the conclusion that she was a hopeless case. Mom was positive that the habit was curable. She and Nancy went shopping for a ring that was too lovely to hide. Then Nancy stopped biting her nails.