

Lesson 8

READ THIS STORY #1, Advanced

Phyllis

Phyllis was obese. When she went for her physical exam, Dr. Tyler scared her. He said that she wouldn't live very long if she didn't reduce her size.

Phyllis began going to the local gym. She planned to sign up for a class, but she felt out of place. All of the ladies were really slim. They pranced around the gym in tiny outfits. Phyllis knew that one of those could not be stretched to fit her shape. She felt disgraced and left.

Phyllis decided she would sign up for hypnosis. That way, she could just relax and become thin by magic.

If that didn't work, Phyllis would have to try something else.